

Isoniazid (INH)

Patient Handout

- ✓ Take INH at night before bedtime (*1 hour before or 2 hours after eating*).
- ✓ If the medication upsets your stomach, you may take it with a snack.
- ✓ If you have diabetes, your blood sugars may change.

DO NOT:

- ✓ consume alcohol while taking INH.
- ✓ use Tylenol (acetaminophen) or any medications containing this drug while you are on INH.

AVOID:

- ✓ taking aluminum-based antacids (Maalox or Mylanta, for example).

Stop taking INH and tell your TB nurse if:

- ✓ you become pregnant while taking INH, **and talk to your doctor.**
- ✓ you have: loss of appetite, diarrhea, nausea, vomiting, fatigue, stomach pain, light-colored stools, brown urine, yellow-tinted skin or eyes; you develop a rash; or, you notice a hot or clammy feeling, bad headache or palpitations (especially within several hours after eating).

If you have any problems or questions, Call: